

## President's report Summer 2023

Welcome to summer and boy don't we all want the warmer weather to arrive! I hope that you have been able to sign up to at least one group's end-of-year lunches and enjoy some more social interaction before we go into the silly season. The Christmas lunch at the Grovedale Hotel is next Thursday 7<sup>th</sup> December for the lucky 80 members that signed up early. The winner of the photo competition will be announced at the Christmas lunch. The finalists will be posted on the website, so jump online and have a look at them. They certainly reflect some very active groups in our club.

Our club is very healthy with 380 members and new members doing some trial sessions. The new committee meets next week and is eager to get going on keeping our club vibrant and relevant for our current members.

Activity groups are the backbone of our club and have reflected the interests of our members. As new members arrive with diverse interests, there is always room for new groups to be created, so if you have an idea for a new activity group, speak to me or a committee member and we will assist you to get it up and running.

Meanwhile our current groups continue to maintain themselves with the commitment of their convenors. Thank you to all convenors/group leaders for without you our club would not exist. Please consider taking a turn as a convenor in a group that you participate in and share the workload around. Our Wanderers group enjoyed a holiday at Halls Gap recently and by all accounts it was enjoyed by all. Some photos taken on this trip have made it into the final, photo short list. One of the Wine tasting groups enjoyed visiting the Bellbrae winery and had a very informative session with the winemaker. Our walking groups continue to clock up the kilometres each week, so keep on trekking ladies and gentlemen. The Thursday walking group battled against the wind yesterday with 14 intrepid walkers completing the walk and enjoying a well-deserved coffee at Doc Hughes. The numbers at the Resistance training sessions continue to climb, which is no surprise given the three great trainers that we have engaged. We have one group that I would really like to see continue to operate, but we need someone to offer to convene the group - that group is the Out and Abouters. If you think you'd like to give it a go, please have a chat with me about it.

As we finish our last session of whatever activity we are a part of, we will retreat for the summer. Some of us will hibernate close to home avoiding the crowds, while others will have a house full of family and friends making the most of our beautiful beaches, shops and restaurants. Whatever you do, I hope that you and your family have a very Merry Christmas and a Happy New Year. Try to get some rest and recharge your batteries ready for a wonderful 2024.

Kind regards

Linda Crook  
President

