

# Life Activities Club Surf Coast

Winter 2020

## President's Report

I hope that everyone is well and adjusting to the necessary changes to our routines initiated by COVID-19. To use a much-quoted phrase, these are 'unprecedented times' that have affected us all in many different ways.

Due to Government directives, all of our activities were suspended on 23<sup>rd</sup> March. However, some of us have been able to keep in touch by WhatsApp chat groups and Zoom meetings. There have also been some very busy members of our club working on setting up our new on-line Management Programme (LAMP). Our new website is looking good and hopefully you have had a chance to navigate your way around its many functions. You don't have to log-in to look at the website. The address is [lifesurfcoast.org.au](http://lifesurfcoast.org.au). If you have any problems, you can email Robyn Soulsby at [pnrsoulsby@bigpond.com](mailto:pnrsoulsby@bigpond.com).

I am very pleased that our Walking and Tennis Groups have resumed with compliance to social distancing and hygiene requirements. The Wanderers are planning a trip to Yarrowong/Mulwala in October. As this trip is limited to 40 people please contact Bernie Convery to book a spot. Hopefully as restrictions continue to lift in the near future, other activities will be able to resume. Please check your emails or text messages for notifications from your convenors.

Please welcome our new members Leanne Donchi, Richard Tippet and Sandra Van Berkel!

Annual Membership fees of \$25 are due on 1<sup>st</sup> July. Please wait to pay on that date or soon after as our new system is set up for the new financial year. If you have already paid, your payment will be entered in the system on the 1<sup>st</sup> July by our Treasurer. You now have three methods of payment:

- Pay by credit/debit card via the on-line payment option on our website. Go to **"Become a Member", then "Renew"**.
- Use on-line Bank Transfer. Make sure you fill in your **SURNAME, INITIAL and MEM** in the reference box.
- Cash over the counter at any NAB branch. Again, make sure you fill in your **SURNAME, INITIAL and MEM** in the reference box.

Bank account details are on the back of the Newsletter. Please note that payment will no longer be accepted at the Torquay Community House.

With regard to our committee, Shelley Bateup has resigned as Membership Secretary but remains on committee as a general member. We thank Shelley for all her hard work in managing our 290 members. I am also asking all members to consider taking on the role of Secretary. Liz Fowler will be resigning at our next AGM after two years and we do not have a successor. Please contact Liz or me for more information. We are a club managed by many volunteers but to move forward we always need new people to come in with fresh ideas and enthusiasm. Please give this your consideration.

I look forward to seeing you as we come out of lockdown and hopefully, we will soon be able to get back to sharing many more good times together.

*Cheryl Annetts*

*"The older I get, the faster I was." Paul Webb*

## Main events

Fees due 1 July

AGM Thurs, 10 September

Resistance training

Scrabble

Monday

Local Walk

Taylor Park Walking

Tuesday

Resistance Training

Tennis

Morning Chat

Cinema

Scrabble

Wednesday

Walking

Out and Abouters

Thursday

Resistance Training

Dine Out

Tasting

Friday

Walking

Saturday

The Wanderers

Sunday



### Cinema

Rosslyne Leary  
learyrg@gmail.com  
0403 781 270

Once COVID-19 restrictions are eased and clear for the Cinema experience, Rosslyne will be in touch with members regarding the next get together at Waurin Ponds, Readings. Generally, movies are at 10.30 am or 12.30 pm. Time for a light lunch before or afterwards, and back to Torquay for any pickups. Those on Rosslyne's list hear from her the weekend before to confirm.

### Dine Out

Heather Moore  
0419 398 824  
moggymmajane@gmail.com

Heather coordinates the Dine-Outs and will be in touch with those in this group as soon as a new program can be worked out to comply with COVID-19 restrictions.

All lunches are on a Friday at noon.

### Resistance Training

Paul 0439 044 006  
paulandali41@gmail.com  
Bernie: 0468 314 452  
converyb@gmail.com

Paul or Bernie will be in touch as soon as practicable regarding the reopening of the gym for training.

The group meets at Torquay Football Club on Monday, Wednesday and/or Friday 9.00 to 10.00 am. \$5 per session, bring water (and a towel if required). A happy and enthusiastic group. On Mondays, enjoy a cuppa after gym. If new, bring a letter from your doctor giving you a health clearance.

### Saturday Walking

Julie 0438 735 302  
rgjdsteven@gmail.com

The LAC Saturday morning walking group resumed on 16 May. In order to comply with the State Government's self-distancing instructions, there are two separate starting times: 8.50am and 9am. This is to enable separation of walkers into smaller groups and we ask walkers to adhere to the 1.5m social distancing. There is no designated coffee stop at the end, but you can have a take-away coffee from coffee stop at the park opposite Bomboras.

Please note that the Bowls Club Car Park is closed.



*Getting social distancing right!*

### Scrabble


#### Monday

Laurel Wieland  
laurelandian@gmail.com

#### Wednesday

Julie Torney  
torneyfamily6@bigpond.com  
0408 391 219

Laurel and Julie will be in contact just as soon as arrangements can be secured to continue playing Scrabble on Mondays and every fortnight on Wednesdays.

<p><b>Tasting</b> June Marks junesmarks@gmail.com</p>	<p>The group had its first meeting since the lock-down in May to celebrate Terry's birthday, abiding by social distancing. Let June know if you are interested in making up a new group. Each group is limited to ten members, meeting monthly at venues in the Bellarine and Surf Coast.</p> 
<p><b>Tennis</b> Daryl Mcilvena 0409 886 255</p>	<p>Tennis recommenced on Wednesday, 20 May, with restrictions in place as requested by the Tennis Club so they are up and running.</p> <p>See the feature on page 4.</p>
<p><b>The Out and Abouters</b> Anne Georgiou annie.g1@bigpond.com</p>	<p>Current restrictions will delay an immediate program for the group. Anne will email members when things are more settled.</p>
<p><b>The Wanderers</b> Bernie Convery converyb@gmail.com 0468 314 452</p>	<p>The Wanderers are planning a trip to Yarrowong/Mulwala in October. As this trip is limited to 40 people please contact Bernie Convery to book a spot.</p>
<p><b>Thursday Walking</b> Shelley Bateup: shellybateup@hotmail.com Annelies Gerritsen: agerritsen47@icloud.com Greg Dever: gregory.dever52@gmail.com</p>	<p>Thursday Walking recommenced on 21 May. We leave at 9 am each Thursday from Fisherman's Beach. There is no formal morning coffee session but you may wish to avail yourself of a takeaway coffee from Bomboras which provides effective and appropriate protocols.</p>
<p><b>Tuesday Morning Walking</b> Les Croft 0438 083 903 glcnpatsy@gmail.com Peter McMahon 0411 112047</p>	<p>Recommencement date was on Tuesday, 19 May at 9am.</p> <p>Meet up with this enthusiastic, local walking group at Point Danger, near the flagpoles.</p>
<p><b>Tuesday Taylor Park Walkers</b> Kim Du Bourg kimdubourg1@gmail.com Dorothy Anderson dorothyjanderson@hotmail.com</p>	<p>Taylor Park walking group started up again on 19 May, with restrictions as listed in an earlier LAC email.</p> <p>Local walks only at this stage, not the usual "out of town walks".</p> <p>To comply with restrictions, no afternoon tea will be provided. Please bring your mobile phones.</p>



## LAC Surf Coast Tennis

### Tennis

Daryl McIlvena  
0409 886 255

LACSC tennis is on every Wednesday from 10.00am till 11.30am at the courts at Spring Creek reserve. Cost is still only \$1.00 each to play. New players are always welcome.



*Waiting for your turn to play using the correct social distancing*

### Membership Fees

The annual fee of \$25 is due on 1 July.

- From 1 July you can pay by credit/debit card via the on-line payment option on our website [lifesurfcoast.org.au](http://lifesurfcoast.org.au). Go to "Become a Member", then "Renew".
- You can also pay by bank transfer to the club's account with NAB Torquay: BSB 083-929, Account No. 54-107-7449 Account Name: Life Activities Club Surf Coast Inc. In the reference box, please provide your surname, initial and the code "MEM", or you can pay over the counter at your nearest NAB branch.

Contact Joan Steele if you have any queries: [joan.steele@bigpond.com](mailto:joan.steele@bigpond.com)

### AGM

Just a reminder that our AGM is scheduled to be held on Thursday 10 September at 2 pm at the Star of The Sea Village. At the moment we do not know whether social restrictions will have been relaxed enough for our AGM to be held but LACVI (Life Activities Club Victoria, our parent body) have suggested a couple of options if we are unable to meet together in September. Elizabeth will let you have more information in August.

### Life Activities Club Surf Coast Inc. Committee

Cheryl Annetts  
Annelies Gerritsen  
Elizabeth Fowler  
Joan Steele

Ana Ryan

President (0425 797038)  
Vice President  
Secretary  
Treasurer/Membership Secretary  
[joan.steele@bigpond.com](mailto:joan.steele@bigpond.com)  
Immediate Past President

Shelley Bateup  
Sandra Gillson  
Michelle Jones  
Graeme Perks, LACVI Representative  
Paul Shultz  
Laurel Wieland



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Enquiries, correspondence to:  
The Secretary, LACSC, PO Box 242, Torquay 3228

email the President at [jochannetts@bigpond.com](mailto:jochannetts@bigpond.com)

[www.lifesurfcoast.org.au](http://www.lifesurfcoast.org.au)

*With thanks to*

**HAYDEN**

**REAL ESTATE – TORQUAY**

*for printing our Newsletter*