

President's Report Autumn 2021

What a summer we've had. A few hot summery days, huge crowds of holiday makers and in and out of COVID-19 restrictions. Nothing is normal so far in 2021. However, the good news is that LAC is now back with all activities running.

We had a very pleasant Christmas picnic at Bellbrae Oval in December. The weather was perfect, and everyone enjoyed themselves moving around and chatting with the only background noise being the resident magpies. It was a great start to the Christmas season.

Also in December, our Wanderers were excited to be able to travel together again, this time to Phillip Island enjoying many activities organised by the ever resourceful Bernie Convery.

Two Convenors Meetings were held, one in December and the second in February giving our convenors the option of when to attend. Every activity group was represented, and it was good to go through our Activity Guidelines and give instruction on the use of our online management program (LAMP). Participant Guidelines were also sent to all members and we encourage everyone to familiarize with this document. You can access it anytime on our website under 'Membership', 'Code of Conduct'.

I am pleased that after 16 years, the Surf Coast Tennis Club (SCTC) and Life Activities Club Surf Coast (LACSC) have signed a Deed of Agreement in relation to the running of our tennis activity at the Tennis Club. The agreement states conditions of use of the Tennis Club courts, insurance cover for members of both clubs and the responsibilities of our Convenor. Daryl McIlvena (Convenor), is delighted to have this agreement signed off and I thank Sam Rogers (President SCTC) and his committee for their cooperation in this matter.

All of our activities resumed by mid-February and the joy and enthusiasm of our members has been evident. That joy and enthusiasm shone through with the resumption of our Resistance Training after being suspended for almost 12 months due to COVID-19 restrictions and the need for a new venue. On Monday 8th February the first "New Resistance Training" class took place at the brand new Wurdi Baierr Stadium, under the instruction on Natalie Deidda at 8.30am with 50 of our members. I have had nothing but glowing reports from the participants who were thrilled to be back alongside many new members who have now joined. Our gratitude goes to Paul & Ali Schulz and Bernie Convery (Convenors) for their work in the preceding months to get this up and running. A big thank you also to Kylie Edwards, our former trainer, who led this group with skill, professionalism and always a smile for 4 years. We also thank the Torquay Football Club for the use of their gym over so many years.

Our club is growing with 27 new members since my last report in December. Welcome to Amanda & Gordon Sloan, Robyn Reddish, Martin & Corry Hooiveld, Vivienne Harris, Libby & Bill King, John Szczepanik, Colleen Anderson, Robin Rochester, Jillian Balodis, Jan & Doug Thomas, Josephine Umanski, Ingrid Millard, Karen & Wally Wiener, Mary Young, Linda Crook, Aileen Cairns, Brendan & Jennifer Gaudion, Irma Dymke, Ros & Peter Robinson and Mary Fitzgerald.

I hope you enjoy our activities, are made to feel welcome and make many new friends.

We have some fantastic events coming up. The Out and Abouters are having a day trip to Sorrento on 18th March, The Wanderers are at last doing their previously cancelled trip to Yarrawonga/ Mulwalla on 18th to 23rd April , and we have a CPR Training Course on 28th April.

Please make use of our website www.lifesurfcoast.org.au for details of these events, plus for all news and updates.

Autumn is a great season to be out and about. So, get out there, try something new, meet new people and have fun.

Cheryl Annetts
President
LACSC