



President's Report Winter 2023

It has been a while since you heard from me. My sincere apologies for letting you wait a little longer than usual.

The reason being, as many of you were aware, my six weeks trip to Europe. It felt so good to enjoy some sunshine, meet the family in the flesh and get

spoiled by them after a long period of six years.

And to adapt to the nomad Aussie spirit, we decided to make the most of it and spend some time visiting a few countries we never got around doing while we were living in the Netherlands.

Now it's all back to normal daily living and trying to cope with the cold weather in a wintery Torquay. It took me some time to set my mind back into the right headspace, but here I am.

New members,

A warm welcome to our new members, who joined LAC SC over the last few months.

Judy Burrell, Geoff Cairns, Linda Connor, Andrew Field, Dawn McDonnell, Jennifer Phillips, Debra Thomas, Pauline Thomas, Robert Upe, Flavia Vangelista.

And a special welcome to Laura Connor, cofounder of our Club. It feels exciting to have you back after an absence of 21 years !!!

LAC Surf Coast wishes you all a lot of joy and fulfilment in participating in the variety of activities we have on offer and hope you may find many new friends.

As we are all made aware of nowadays, to live a healthy and happy life we need to stay physically, mentally and socially active for as long as possible and LAC offers all this !

Membership

On 30th June, before the start of a new membership year our club existed of 395 members.

On 17th May a very short special AGM was convened at the Wurdi Baierr Stadium to discuss the membership fees for 2023/2024.

In order to reduce LAC SC funds, a majority of members present agreed on offering a 50% discount to existing members and set membership fee for the coming year at \$12.50

New members, joining after 1st July will still have to pay the full membership of \$25.00 plus a joining fee of \$15.00

On 1st July invoices were sent out to all members and a reminder will be send to members, who haven't paid on 1st August.

Activities

It was good to see all activities were kept going during my absence, thanks to a wonderful team of Convenors and a few remaining Committee members, as most of them happened to be away travelling.

Most of our activities are doing well. Wintertimes are usually quiet as many members are away escaping from the cold and trying to find some warmer temperatures to enjoy.

Resistance

The three weekly sessions of Resistance remain an overwhelming success with many people participating.

We are grateful Paul and Ali are doing such an amazing job in keeping everything running smoothly. Resistance is a very popular event, the group of people keeps growing and growing. And to my astonishment Ali knows everyone by name, incredible ! They put in a lot of hard work and time and most certainly isn't easy at times, finding the right instructors and even a new venue in case of the Stadium needing the space for special events, managing finances, doing the banking and looking after the equipment. I do hope you realise all the hard work and effort Ali and Paul have been putting into this for many years on a voluntary basis, before you put in a complaint about the exercises not suiting your needs or the music being too loud or not to your liking. We are all different and it's sheer impossible to please everyone.

Tennis

Another person worth mentioning is Daryl McIlvena, who does a great job to keep the tennis going. Daryl has been a long time Convenor for years, keeps everything running smoothly, organises different courts when Torquay Tennis isn't available, looks after the material and finances, and last but not least the morning coffee and Christmas lunches. Thank you Daryl.

Unfortunately my report will end up into a very lengthy story if I mention all our Convenors. We have 24 on our list and we are very happy and grateful to have them. And let's not forget our Committee members, who are doing an excellent job. LAC SC has grown into a thriving, wonderful Club over 21 years, offering a great variety of activities to keep many people active and happy. Thank you. Where would we have been without you ?

Clogging

Clogging is a new activity, that started in May this year. After an initial tryout of seven lessons, the decision was taken to continue with a follow up of ten sessions over term three. As many of our members seem to be away looking for sunshine and warmth in wintertime, numbers have come down and we would like to see an increase of attendance.

The Wanderers

In April Bernie and Angela have taken the Wanderers on a trip to Warrnambool. The event was once again very well organised and the wanderers enjoyed a pleasant week of beautiful weather with a great variety of activities, excursions and social interaction. The next event will be a trip to the Grampians in October. Details are on our website. Thank you Bernie and Angela for making this possible.

Dates to remember

AGM

AGM will be held in October, date and venue to be set
We are still looking for people willing to take on a position of Secretary, Membership Secretary and one or two committee members.

Christmas Lunch

Due to last year's success and great food, it was decided to have our LAC SC Christmas lunch once again at The Grovedale Hotel.

Date: Thursday 7 December.

Wishing all of you happy times to come, either travelling or participating in our activities. For those of you who are going through hard times, I wish you all the strength to get through this period safely and hope there will be better times at the horizon soon.

Please remember sometimes it's important to realise it doesn't always mean, what the Club can do for you, but what you can do for your Club.

We do need people to help us keep LAC SC running !

Please help.

Annelies Gerritsen. President



