

Life Activities Club Surf Coast

Autumn 2020

President's Report

I hope that 2020 has started well for you all and that you have enjoyed the bits of summer that we have experienced so far.

The ravages of drought, bushfires and floods have caused so much grief and loss in our country. We can be thankful that this time the Surf Coast was spared but the recent events would have brought back vivid memories of the fires on the coast in 1983 and 2015. I am sure that we are all contributing in our own way to help the victims of these disasters. Keep in mind when you plan your next trip away that we are encouraged to visit the towns in the affected areas as they urgently need tourism to boost their economies.

On a brighter note, our year got off to a happy start with 'Happy Hour at the Wyndham' on 31 January organized by Anne Georgiou. It was great to see so many smiling faces sharing a pleasant evening, poolside at the Wyndham.

Members Guidelines were sent to all members in early February. I trust that you have digested the content as we endeavor to maintain safe and well-organized activities.

Given that the digital age is catching up to us all, we decided at our recent committee meeting that the Treasurer will no longer accept cash as payment for fees. Fees are to be paid by online bank transfer (as has been the case for a number of years) or over the counter at your nearest NAB branch. This makes the Treasurer's job a lot easier as she can keep up to date with payments and receipts even when she is on holidays! Such dedication to the job! Note that payment can no longer be made at the Torquay Community House.

I know it seems a long way off, but I have to officially notify you that our next **AGM** will be on **Thursday 10 September, 2pm at Star of the Sea, Torquay**. Please keep this date free and support your club and incoming committee by attending this important meeting.

Welcome to all our new members: Dianne Adams, Jan Allen, Linda Armistead, Angela Clarke, Terry and Linda Delandre, Judith Dickie, Spencer Leighton, Giselle Muller, John and Vivianne Musco, Glen Piercy, Christine White and Lorraine Wyatt. I hope that you do feel welcome as you enjoy our activities while making new friends, and that you enjoyed the recent 'Welcome Coffee Morning'.

If you have any suggestions or enquiries about our club please talk to one of your committee members all of whom are involved in various activities.

Finally, I would like to make special mention of the fifteen years of service given so generously by Maureen Holmes. Maureen has hosted the Morning Chat Group in her own home all these years. She will be moving in April and we wish her many happy years at her new address. Thank you Maureen on behalf of your group and the Club.

Best wishes everyone for the year ahead and stay active and healthy.

Cheryl Annetts

"Life is like riding a bicycle. To keep your balance, you must keep moving."

Albert Einstein

Main event

The Wanderers depart on
Sunday, 19 April

Resistance training
Scrabble

Monday

Local Walk
Taylor Park Walking

Tuesday

Resistance Training
Tennis
Morning Chat
Cinema
Scrabble

Wednesday

Walking
Out and Abouters

Thursday

Resistance Training
Dine Out
Tasting

Friday

Walking

Saturday

The Wanderers

Sunday



Cinema Rosslyne Leary learyrg@gmail.com 0403 781 270	<p>We have had several new members already this year and a warm welcome continues to be extended.</p> <p>Cinema meets on the second Wednesday of the month at Readings, Waurin Ponds; parking: three hours near petrol station, or in front (which is monitored -penalties for overstaying).</p> <p>Movie dates to come are: 12 March, 8 April, 13 May, and 10 June.</p> <p>Generally, movies are at 10.30 am or 12.30 pm. Time for a light lunch before or afterwards, and back to Torquay for any pickups. Those on Rosslyne's list hear from her the weekend before to confirm.</p>										
Dine Out Heather Moore 0419 398 824 moggyemmajane@gmail.com	<p>Heather coordinates the Dine-Outs. Let her know if you will be attending by the Wednesday, prior to the Friday, for her to make the bookings. Meet at the venue for 12 noon lunches.</p> <p>All lunches are on a Friday at noon.</p> <table data-bbox="501 533 1444 689"> <tr> <td>20 March</td><td>Bells Hotel, 3 Stuart Avenue, Jan Juc</td></tr> <tr> <td>17 April</td><td>360Q Restaurant, Queenscliff (2 Wharf St. E, by the ferry terminal)</td></tr> <tr> <td>29 May</td><td>Torquay Hotel, Bell Street, Torquay</td></tr> <tr> <td>Winter: 19 June</td><td>Bomboras, The Esplanade, Torquay</td></tr> <tr> <td>17 July</td><td>RSL, 50 Barwon Heads Road, Belmont</td></tr> </table>	20 March	Bells Hotel, 3 Stuart Avenue, Jan Juc	17 April	360Q Restaurant, Queenscliff (2 Wharf St. E, by the ferry terminal)	29 May	Torquay Hotel, Bell Street, Torquay	Winter: 19 June	Bomboras, The Esplanade, Torquay	17 July	RSL, 50 Barwon Heads Road, Belmont
20 March	Bells Hotel, 3 Stuart Avenue, Jan Juc										
17 April	360Q Restaurant, Queenscliff (2 Wharf St. E, by the ferry terminal)										
29 May	Torquay Hotel, Bell Street, Torquay										
Winter: 19 June	Bomboras, The Esplanade, Torquay										
17 July	RSL, 50 Barwon Heads Road, Belmont										
Morning Chat Maureen Holmes 5261 2883 maudon34@gmail.com	<p>Maureen is moving, and so the last day of the group in her home will be the 15 April.</p> <p>Fifteen years of hospitality! Congratulations and thank you Maureen.</p>										
Resistance Training Paul 0439 044 006 paulandali41@gmail.com Bernie: 0468 314 452 converyb@gmail.com	<p>These one hour sessions are run by the bright and motivating personal fitness trainer, Kylie, three days a week. Join the group at Torquay Football Club on Monday, Wednesday and/or Friday from 9.00 to 10.00 am.</p> <p>\$5 per session, bring water (and a towel if required). A happy and enthusiastic group. On Mondays, enjoy a cuppa after gym. If new, bring a letter from your doctor giving you a health clearance.</p>										
Saturday Walking Julie 0438 735 302 rgjdsteven@gmail.com	<p>What a strange summer we have had weather wise! Let's hope autumn is a bit more stable. The Saturday walk continues to meet 9am in front of the Fisherman's Club. We walk for an hour with a longer version for some who prefer a longer walk. Coffee is back at The Bowls Club.</p> <p>Please note on Saturday 18 April the walk will start (and end for coffee) at The Sands clubhouse as the Otway Classic bike ride starts in Torquay that morning and there will be nowhere for walkers to park.</p>										
Scrabble Monday Laurel Wieland laurelandian@gmail.com Wednesday Julie Torney torneyfamily6@bigpond.Com 0408 391 219	<p>The Monday scrabble group, which meets at the Torquay Library every Monday at 1.00 to 3.00 pm, attracts around ten players each week and has now been running consistently for approximately three years. This is a great way to match your love of words with like-minded people, and challenge the brain. Laurel reports the group had a lovely lunch and chats together at Christmas. See p.4.</p> <p>Scrabble on Wednesday evenings is on alternate weeks at 7pm. Meet at the RACV and enjoy a glass of wine and the view while you play a game or two of scrabble. Contact Julie for the dates. See p.4 for photos of their recent meeting.</p>										
Tasting June Marks junesmarks@gmail.com	<p>Tasting meets regularly, usually once a month, visiting a range of venues on the Surf Coast and Bellarine Peninsular to enjoy each other's company while sampling drinks and food in general. Let June know if you are interested in making up a new group. Each group is limited to ten members.</p>										
Tennis Daryl Mcilvena 0409 886 255	<p>Our tennis group Christmas lunch at The Stoop was a huge success with 17 players attending.</p> <p>2020 tennis is now well underway with 8 weeks at least played by the time this newsletter is sent out. During this period we have had days with up to 20 players attending and playing which is a fantastic result. In the week ending 14 February we had several of our group playing in "Country Week Tennis" in Echuca Victoria. The courts have also had a new code for gate access applied for 2020.</p> <p>Remember LACSC tennis is on every Wednesday from 10.00am till 11.30am at the courts at Spring Creek reserve. Cost is still only \$1.00 each to play and we always head for a coffee as a group after we play. New players are always welcome. (We are a great "Set"!)</p>										

The Out and Abouters

Anne Georgiou
annie.g1@bigpond.com

The next outing will be on Thursday 19 March, the annual trip to Sorrento. Details to be emailed shortly.



The Happy Hour was a huge success with 30 in attendance at the Wyndham Resort

The Wanderers

Bernie Convery
converyb@gmail.com
0468 314 452

Yarrawonga / Mulwala trip 19 -24 April 2020, staying at the Big 4 Caravan Park, Muwala. Over the five days we will walk around lake Mulwala, visit All Saints winery, Rich Glen Olive estate, discover Chinese Island, and Visit the Pioneer Museum. We play Social Bowls at the Yarrawonga Bowls Club and Golf at the Yarrawonga / Mulwala Golf Club (River course). Carts are booked. A dinner cruise organized aboard the Paradise Queen Paddle steamer. At present there are 54 of us booked in but all LAC members are welcome. Naturally you can pick and choose which outings you wish to participate in. If interested contact Bernie Convery

Thursday Walking

Shelley Bateup: shellyb
bateup@hotmail.com
Annelies Gerritsen:
agerritsen47@icloud.com
Greg Dever: gregory.
dever52@gmail.com



Now that summer is over, this group leaves Fisherman's Beach at 9 am.

You can choose a long walk, taking in the Jan Juc beach, or a couple of shorter, alternative walks.

The group finishes with coffee at a venue announced on the morning of the walk.

Left: A small gathering in January for the first walk of the year.

Tuesday Local Walk

Les Croft 0438 083 903
glcnpatsy@gmail.com
Peter McMahon
0411 112047

Meet up with this friendly, local walking group at 9am at Point Danger, near the flagpoles.

Walk at your own pace and enjoy coffee afterwards - destination for coffee decided on the day.

Tuesday Taylor Park Walkers

Kim Du Bourg
kimdubourg1@gmail.com
Dorothy Anderson
dorothyjanderson@hotmail.com

Walkers explore interesting environments away from Torquay. Car pools to each destination from Taylor Park. \$5 charge for carpooling and \$2 per person for afternoon tea which consists of tea/coffee and biscuits. The group always parks where there is sufficient cover and seating outside. 9.30am start: hat, water, sunscreen and comfortable shoes. No walks on total fire ban days.



Tuesday Taylor Park Walkers at their Christmas lunch.

LAC Surf Coast Scrabble Group

Scrabble Monday

Laurel Wieland
laurelandian@gmail.com



Monday Scrabble at their Christmas lunch. Join them at the Library weekly at 1pm.

Scrabble on Wednesday evenings

Julie Torney

torneyfamily6@
bigpond.com

0408 391 219



Playing Scrabble in style! The Wednesday evenings group.

Membership Fees

The annual fee is \$25 plus \$5 joining fee for new members. It is each member's responsibility to pay their fees by 1 July each year by bank transfer to the club's account with NAB Torquay: BSB 083-929 Account No. 54-107-7449 Account Name: Life Activities Club Surf Coast Inc. In the reference box, please provide your surname, initial and the code "MEM", or over the counter at your nearest NAB branch.

Contact Shelley Bateup, Membership Secretary: 0428 149 930 shelleybateup@hotmail.com

Life Activities Club Surf Coast Inc. Committee

Cheryl Annetts
Annelies Gerritsen
Elizabeth Fowler
Joan Steele
Ana Ryan

President (0425 797038)
Vice President
Secretary
Treasurer
Immediate Past President

Shelley Bateup, Membership Secretary
Sandra Gillson
Michelle Jones
Graeme Perks, LACVI Representative
Paul Shultz
Laurel Wieland.



A0052635D

Enquiries, correspondence to:
The Secretary, LACSC, PO Box 242, Torquay 3228

email: lifeactivities@torquay.vic.au

www.torquay.vic.au "Recreation and sporting"

With thanks to

HAYDEN

REAL ESTATE – TORQUAY

for printing our Newsletter