

President's Report March 2023

Another Christmas season has passed; it still seems like yesterday we celebrated New Year's Eve and welcomed the year 2023 full of hope and new beginnings and before we realise it, two months have gone by. Kids are back at school; Summer has come to an end and Autumn

has made its entrance.

After a busy year it was nice to enjoy a well-earned break, but now we're back and thriving. On Sunday, 12th February I volunteered as a representative of LAC at the Ageing Care and wellbeing Expo at the Exhibition Buildings in Melbourne. It felt wonderful to see many people and tell them about a great Club.

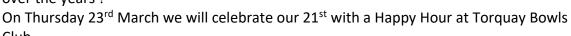
New members

Once again, we were able to welcome new members, who found their way to our Club: Diane Barnard, Gwen Binder, Lindy Cameron, Alice Crawford, Peter Dawson, Jean Finch, Annette Funston, John Gorman, Bruce Kaye, Ian Knight, Leigh Marshall, Heather Richards, Chris Saunders, Christine Sims, Sue Tatnell.

We are very happy to see you and hope you will enjoy a lot of fun, happiness, meet new friends and maybe get some exercise to stay healthy, fit and in good shape.

Celebrations !!!! We have a birthday!

On 14th March 2002 LACSC was founded by a small group of people. I don't think, anyone of them would have imagined the result of their good efforts developing into a thriving Club of 373 members over the years!



Life member Peter Sweetten will tell us a little about our history and a delegate of LACVI from Melbourne will be present.

Joe Annetts is very busy trying to collect old pics and information for a Powerpoint Presentation, which will be shown.

Convenors and Membership Rules

On Wednesday 8th February a convenors meeting was held at the Wurdi Baierr Stadium, which was well attended by nearly all 30 convenors and several members of the committee. It was good to meet, welcome new convenors, get an update of activities and hear about any problems they encountered, which thankfully, weren't many, nor difficult to overcome or solve.

All convenors were presented with a set of the latest guidelines, which was much appreciated.

Furthermore, it was promised all physical activities would have their First Aid Kits replaced with new ones, which now has been done already.



After the meeting everyone enjoyed a well deserved delightful afternoon tea, catered by Feed me Surfcoast, and a chat.

Updated Guidelines. Please note!

The convenor has the right to decide whether a member has an appropriate level of fitness and may recommend that members consider alternative groups.

So please show some understanding and appreciating.

A new section has been added to the guidelines for Activity Group Participants. In the event of an incident resulting in an injury, LACSC is not liable for any costs incurred. The injured party may choose to make an insurance claim under LACSC's policy, however LACSC will not be liable for any costs that are not covered by the insurance company. Insurers are legally prohibited from paying medical gap costs.

The full set of Guidelines are on our website for you all to read. Just click Membership.

Activities

Most of our activities are going great and very well attended.

Scrabble

We have two scrabble groups, who would be very happy to see some new players. Please check the website for details.

Knit Whits

The Knit Whits have been very busy knitting beanies, blankets and whatever is needed. A Trading Table will be held on Thursday 13th April from 11 am - 1 pm at Julie Stevens home 24 Darian Rd Torquay.

All proceeds will go to charity.

Check the website for details.

The Out and Abouters,

Under the guidance of Anne Georgiou, the group enjoyed a very warm, but most enjoyable day out on the ferry to Sorrento.

Wanderers

The Wanderers are looking forward to a trip to Warrnambool in April. Details on the website.

New activities

Men's Book Club

The men recently enjoyed their first meeting at the RACV and are busy reading for their next get together.

Any men wanting to join in are most welcome.

Clogging

After an initial survey, I'm excited to announce the start a new activity. Clogging will start on Wednesday, 26th April at TIA Hall in Price St. Details will follow soon.

Wanted: New Committee members !!!!

At our upcoming AGM in September a great deal of our committee has unfortunately decided to step down, mainly due to medical reasons or business elsewhere.

We are desperately looking for people willing to take over.

LACSC is a thriving Club of nearly 375 members.

Surely there must be someone willing to step up and join us.

We are looking for a new President, Vice President, Secretary and some committee members.

LACSC will no longer exist if no one steps up!

Please do not only consider, what the Club can offer you, but also think what you can offer your Club.

We need you!

Do not leave all the hard work to the same people, but try to make a contribution. It's not all doom and gloom, but offers you a lot of enjoyment, appreciation and pleasure.

Annelies Gerritsen. President



